

# The CORTEX Centre Service Advantage

The CORTEX Centre for Advanced Assessment aims to advance scientifically-supported psychological, neuropsychological, psychiatric, neuropsychiatric, vocational, occupational health, and multidisciplinary assessment practices. We provide specialized assessments and consulting for medicolegal, fitness for duty and practice, return to work, employment, leadership, and career growth purposes.

We help determine cognitive, emotional, and behavioural impediments to performance of duties in safety-sensitive and regulated occupations. CORTEX fitness for duty assessments focus on determination of mental health and cognitive impairments and how they may impact work function. We provide recommendations for treatment, remediation, and return to work, including job accommodations.

We also provide scientifically-informed research, consultations, and policy, practice, and program advice and training. We utilize expertise in psychology, psychiatry, occupational medicine, rehabilitation, labour relations, and law to develop solutions to the challenges regulatory and licensing bodies face.

The CORTEX Centre for Advanced Assessment is an Affiliated Company of The University of British Columbia. For more information please visit [www.cortexcentre.com](http://www.cortexcentre.com)

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CENTRE FOR ADVANCED ASSESSMENT

**PROFESSIONAL REGULATORY,  
LICENSING & GOVERNMENT BODIES**



## Fitness for Duty & Practice

These high stakes evaluations include psychological, neuropsychological, psychiatric, neuropsychiatric, occupational medicine, vocational, and multidisciplinary assessments. They focus on safety-sensitive occupations, such as physicians and surgeons, nurses, dentists, and other healthcare personnel, airline pilots, air traffic controllers, law enforcement and emergency respondents, and professional drivers, to determine their cognitive, emotional, and behavioural ability to carry out the duties of their profession.

The unique features of CORTEX Fitness for Duty Evaluations include:

- Focus on cognitive & psychological competency
- Integrated clinical and occupational expertise
- Evidence-based & multidisciplinary approach
- Understanding of work demands and supports
- Remediation and return to work plans
- High standards required by professional regulatory bodies, government agencies, and employers

Common assessment issues are mental health symptoms, addictions, chronic pain, early dementia, and neurological problems. We determine diagnosis, impairments, work limitations, prognosis, and clinical and return to work recommendations. We include analysis of specific work demands and supports.



## Cognitive Screening Assessments

When concerns are raised about cognitive difficulties adversely affecting a professional's work performance, we can conduct a brief and low-cost cognitive screening, as an initial alternative to a full neuropsychological assessment, to provide preliminary answers and suggestions.

Our neuropsychological screening assessments address concerns relating to cognitive abilities (including attention, concentration, memory, and processing speed) in various medical conditions, with a focus on those following a brain injury, as well as early signs of cognitive decline.

### Detecting Mild Cognitive Impairment & Early Stages of Dementia

Early detection of cognitive decline related to brain aging, early dementia, or brain injury is important for treatment, rehabilitation, remediation, recovery, and fitness for work considerations. CORTEX helps regulatory and licensing bodies, as well as individuals and healthcare providers, to understand the extent of the problem and take appropriate action.

### Concussion

Although symptoms of most concussions subside within days, the experience of these symptoms is often distressing and can lead to secondary problems such as anxiety and depression. In some cases, fitness for duty may be affected.

### Other Brain Conditions

Individuals who suffer from chronic pain, depression, anxiety or other conditions may have cognitive difficulties and may experience problems with attention or memory which have the potential of impacting work performance.

CORTEX cognitive screening offers information and guidance which may assist with diagnosis and provide practical suggestions for improving function. The screening can lead to appropriate further diagnostic, treatment and vocational actions. In some cases, new referrals, such as full neuropsychological, mental health, or other assessment may be recommended.